

Câu 20: A. to drop B. dropped C. dropping D. drop
 Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the best option to answer each of the following questions from 21 to 25.

The phrase "healthy lifestyle" is a definition of how you should live if you want to get the healthiest body you can – one that both looks good and feels good. You know the obvious behaviors that describe someone who is healthy and takes care of themselves. A healthy person doesn't smoke, eats healthy foods with plenty of fruits, vegetables and fiber and, of course, exercises regularly. A healthy person also knows how to manage stress, gets good quality sleep each night, doesn't drink too much, doesn't sit too much, does everything in moderation all the time. When you look at everything that could possibly make a healthy lifestyle, you can see just how hard all of those things are in our current world.

There is no such thing as a "bad" food, but there are some foods you should try not to have on a regular basis. Fast food refers to food that can be prepared and served quickly. It is popular as the food is inexpensive, convenient, and tastes good. Because fast food is high in sodium, trans-fat, and cholesterol, it isn't something you should eat often.

The good news is that you don't have to change everything at the same time. In fact, the trick to healthy living is making small changes – taking more steps each day, adding fruit to your cereal, having an extra glass of water, or saying no to that second helping of buttery mashed potatoes. One thing you can do right now to make your lifestyle healthier is to move more.

Câu 21: What is the main idea of the passage?

A. How to manage stress B. Benefits of a healthy lifestyle
 C. Some healthy foods to eat D. Ways to live a healthy life

Câu 22: According to the passage, which of the following statements is NOT true?

A. A healthy person avoids eating fiber. B. Fast food has a lot of sodium, trans-fat and cholesterol.
 C. A healthy person should eat healthy foods. D. A healthy person exercises regularly

Câu 23: The word it in paragraph 2 refers to

A. sodium B. cholesterol C. trans-fat D. fast food
 Câu 24: The word trick in paragraph 3 is CLOSEST in meaning to

A. knowledge B. method C. establishment D. lifestyle

Câu 25: According to the passage, what can we do right now to have healthier lifestyle?

A. moving more B. sleeping more C. drinking more D. sitting more

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the best option to answer each of the following questions from 26 to 30.

Lifelong learning is now becoming a must for everyone in the modern world. Many people, however, find it overwhelming, as being lifelong learners means they will have to keep studying for their entire life. The following are several strategies to promote lifelong learning.

First, start with a clear purpose. Study something that you will likely have many uses in the future. Design learning goals that should serve you in your career path, as well as in your personal interests. You will need to think of the learning experience as continuous investment rather than a one-off endeavor.

Second, choose something that is really enjoyable for you. You will need to have fun all through the pursuit of knowledge and skills, which will be an endless journey. The "fun" part will always keep you motivated, even during the hard times.

Third, lifelong learning is not just about keeping on studying. You will need to think through what you have learned, and find out how to apply it in your work and personal life. Don't read too much and use your brain too little. Think more often, meditate on the ideas that you feel they might make your work and/or life better.

Those are the key strategies to make sure your lifelong learning is studying smart rather than studying hard. Remember that the lifelong learning movement is unstoppable.

Câu 26: What is the passage mainly about?

A. How to keep on studying all the time
 C. Strategies to promote lifelong learning B. Education – the preparation for life
 D. How to choose something to study

Câu 27: The word it in paragraph 1 refers to

A. modern world B. clear purpose C. lifelong learning D. entire life

Câu 28: According to paragraph 2, to become a small lifelong learner, you should

A. study anything you like
 C. avoid designing a learning goal B. neglect the learning experience
 D. define a specific objective

Câu 29: The word motivated in paragraph 3 is CLOSEST in meaning to

A. inspired B. scared C. amused D. discouraged

Câu 30: Which of the following is NOT true about strategies for lifelong learning?

A. We should choose something that we have an interest in.
 B. We should motivate ourselves to learn effectively.
 C. We should apply our knowledge in work and life.
 D. We should use our brain in a lot of reading.

46. A

47. A

48. A

49. B

50. A

51. B

52. D

53. C

54. C

55. C

56. C

57. C

58. D

59. D

60. D

Phân Sinh học

Ngày _____ No. _____

31. A

32. B

33. A

34. $F_1 : \frac{1}{4} AA : \frac{2}{4} Aa : \frac{1}{4} aa$ (3 cao : 1 thấp) 5

→ Tỷ thu phân cho toàn cây thím cao ($A-$) thu F_1 phải có
hiểu gen là AA

⇒ Chọn D

35. Gen lôv nhau thúc → dạng mêt hép tuân theo NTBS 10

Ta có:

$$A = 30\% \text{ mà } A = T \Rightarrow A = T = 30\%$$

$$G = 50\% - \% A = 50\% - 30\%$$

$$\Rightarrow G = X = 20\%$$

⇒ Chọn C 15

36. B

37. A

38. B

39. D

40. A

41. Ta có: $2A + 3G = 1670$ 20

mà $A = T = 250$ (nu)

$$\Rightarrow G = X = \frac{1670 - 2.250}{3} = 390 \text{ (nu)}$$

Gen B thay thế 1 cặp基因 gen b ít hơn 1 lk H

⇒ Thay thế $G-X$ bằng $A-T$

$\Rightarrow b: \begin{cases} A = T = 251 \text{ (nu)} \\ G = X = 389 \text{ (nu)} \end{cases} \Rightarrow$ Chọn C

		Thứ		
		Ngày		No.

42. C
 43. B
 44. B
 45. $P: \frac{AB}{ab} \times \frac{AB}{ab}$
 $G: AB, ab \quad AB, ab$

$F_1: \frac{1}{AB} : \frac{2}{ab} : \frac{1}{ab}$

TLKH: 3 than cao, quả đỗ: 1 than thấp, quả thấp

\Rightarrow Chon C.