

Open Forum 3

Web Site Worksheet

Chapter 9

Name: _____

Date: _____

1. Preparing to Listen

You are going to listen to a television news report about stress. Before you listen, think about the following questions.

What is stress? Where does it come from?

Do you think people in some countries have more stress than others?

2. Listening for Main Ideas

Read question 1. Listen to the program. Then choose the correct answers.

1. Which of these countries are mentioned in the report? Check all the correct answers.

- a. Britain
- b. France
- c. Switzerland
- d. Canada
- e. Mexico
- f. Argentina
- g. United States
- h. Germany



3. Listening for More Detail

Read statements 2–12. Listen to the program again and write T for true or F for false for each statement.

- 2. Canadians have less stress than Americans.
- 3. The most common sources of stress are jobs and money.
- 4. The results of the survey revealed large differences between countries.
- 5. Technology reduces the stress in our lives.
- 6. Only the richest members of society experience stress.
- 7. Mexico had the lowest rate of stress in the survey.
- 8. France is a stress-free country to live in.
- 9. Britain has the highest number of people who feel their lives are out of control.
- 10. Germans are good at managing their stress.
- 11. Canadians feel safe from terrorism attacks aimed at the United States.
- 12. One way to reduce stress is to do exercise.